

Southeast Region Newsletter

Chi Eta Phi Sorority, Incorporated®

Volume 1 Issue 2

January 2022

The SER Director Speaks . . .



Greeting Members of the Southeast Region:

Happy New Year and welcome 2022 with loads of positivity and enthusiasm in our chapters and the work we do in our individual communities. I encourage chapters to stay focused on the mission, vision and motto of our illustrious organization and continue your excellent “Service for Humanity”. As we grow more resilient in pandemic times and get ready to withstand the challenges life may throw at us in the coming year, we are also hopeful that things will get better this year.

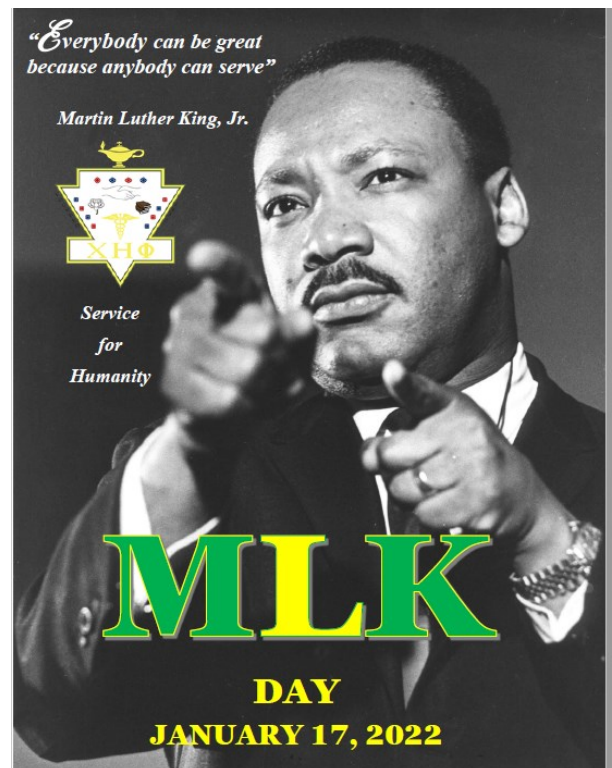
As we celebrate the life and legacy of Dr. Martin Luther King Jr. I am reminded of one of my favorite quotes of Dr. King that says “Life’s more persistent and urgent question is What are you doing for others?” As we continue to work in our communities during this pandemic, let’s remember the words of Dr. King and do all we can for others. Thanks for all you do for your communities as it is evident by the testimonies in this newsletter. I greatly appreciate all chapters for your participation in this newsletter, and individual members for their important input.

Remember February is Heart Truth Month. Please wear red on the 4th of February. It’s not about just wearing red, but making a commitment to stand together and taking charge of our own heart health as well as those that we can’t bear to live without. The Heart Health theme is **#Our Hearts** as a part of self-care. Hopefully, all chapters will have a heart health presentation for the month of February.

Sincerely,

Juanita Gibbons-Delaney

Juanita Gibbons-Delaney, MHA, BSN. RN-BC
Southeast Region Director
Chi Eta Phi Sorority, Incorporated®



Alpha Chi Chapter, Nashville, TN

The Sorors and Frater of Alpha Chi Chapter have continued service for humanity and maintained community visibility during the Fall of 2021. We were pleased to reach our donation goal of \$1,000.00 as we supported the virtual St. Jude Walk on September 25, 2021.

Our Founder's Day observance was most successful. It was held in person at Matthew Walker Comprehensive Health Center. As this was our regular meeting date, the chapter meeting preceded the Founder's Day Program. October 16, 2021 was the first time the chapter had met in person, since February 2020, and was the first time the "**RonaPhi 9**", inducted on November 21, 2020, had attended a chapter meeting in person! The seven (7) Neophytes who could attend participated in the Program and Candle Lighting Service. Afterward, we celebrated the occasion and the **102nd birthday of Soror Pauline Hall** with boxed lunches and cake! Sisterly conversations flowed for a long time while maintaining social distancing.



Pictured: (left) Alpha Chi enjoyed a dual celebration by honoring the 102nd birthday of Soror Pauline Hall and (below) our Founder's Day gathering.



The end of October found the chapter providing service for humanity by collaborating with the Project Connect Health Fair on October 29, 2021. Sorors Rhonda Evans, Kelli Fleming, Michelle Griffin, Tiffany Johnson, Virginia McClain and Mechele Neal performed blood pressure screenings and provided health education to more than thirty (30) participants. Several attendees were referred to their primary care providers. The weather was cold and damp, which lowered the attendance.

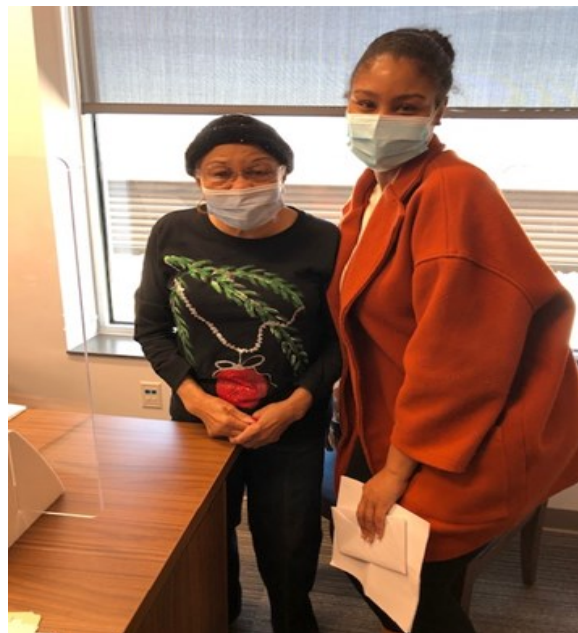


Pictured: (above & below) Alpha Chi member's provided blood pressure screenings at the Project Connect Health



Alpha Chi Chapter attended the virtual Connect the Dots on November 7, 2021. The “Chi Tea” was hosted by Chi Chi Chi Chapter, Memphis, TN for the Tennessee and Lexington, KY chapters. The event was a lot of fun and promoted sisterhood. Our very own Soror Betty Wilson’s hat was unanimously voted the best hat by the judges! Soror Wilson was rewarded with a gift certificate.

On December 4, 2021 Sorors Mechele Neal and Sharon Pendleton participated in: “At Your Pace Kidney Race”.

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On December 11, 2021 Sorors attended a Celebratory Luncheon in honor of Soror Samantha Agee who was elected Second Supreme Anti-Basileus at Boulé. Everyone enjoyed the food and camaraderie. After receiving several toasts, Soror Agee expressed her appreciation for the event.

appreciation for the event.

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Pictured: Sorors R. Evans and T. Bolden donated 285 socks to The Nashville Rescue Mission on behalf of Alpha Chi Chapter.



Immediately after the luncheon, Sorors LaTasha Bolden and Rhonda Evans took 285 pairs of socks for men and women, the most ever collected by the chapter, to the Nashville Rescue Mission. Socks are the most requested item for the homeless during the winter months



Pictured: Second National Anti-Basileus Samantha Agee's Luncheon celebration at Del Frisco's Grill.

The chapter donated a \$100.00 Christmas gift card to a family through the Cayce Homes Community Center.

Alpha Chi Chapter maintained its annual end of year donations to 501 (c)(3) organizations: Matthew Walker Comprehensive Health Center, Agape Nashville, Stronger Than My Father, and Open Table-Nashville.

We proudly announce the following member attributes:

Soror Dionne Brady was honored as a Sages Award Nominee by United HealthCare; Soror Rhonda Evans was appointed Chair of Student Nurse Affairs at Fortis Institute; Soror Frieda Outlaw was appointed Board Member of Tennessee Justice Center and was elected District Officer of United Methodist Women, Red River District —Social Action Coordinator; and Soror Outlaw was also elected President of United Methodist Women, Clark Memorial United Methodist Church.

Soror Mamie Williams co-authored "Academic Medicine's Journey Toward Racial Equity Must Be Grounded in History: Recommendations for

Becoming An Antiracist Academic Medical Center" in Academic Medicine Journal of the Association of American Medical Colleges.

Soror Frieda Outlaw was recently interviewed on RN-Mentor Podcast. She has co-authored numerous publications, to name a few: Adverse Childhood Experiences: Providing trauma-informed care to promote resilience in children and their families in health settings; A Schema of Toxic Stress Informed by Racism, Transgenerational Stress and Disadvantage.

Sadly, the year ended with the demise of Soror Rosa Mimms on December 30, 2021. We continue to uplift her daughter, Sandra.

Gamma Chi Chapter, Atlanta, GA

On October 24, 2021, Gamma Chi members honored our 22nd Supreme Basileus, Dr. Sarah M. Killian, with a regal garden party event held at Gardner Park in Stockbridge, GA. Supreme Basileus Killian has been a member of the Gamma Chi Chapter for 25 years, and she is the 4th Supreme Basileus who hails from Gamma Chi. The theme of the event was "In the Spirit of Chi, We Are One." The weather was beautiful, and the food, music, and ambience were great. The event was very special and enjoyed by all who attended.



Program for Seniors: The Programs and Projects committee presented an educational talk to the residents of Brighton Gardens of Buckhead Assisted Living Facility on October 27, 2021. The subject matter was Medicaid and Medicare 101 presented by Callie Bradford of Cigna Medicare.

In addition to the informative talk, residents received healthy snacks and COVID19 friendly takeaways. In honor of National Apple Month and National Chocolate month, Gamma Chi provided each guest with a goodie bag filled with apples and chocolate.



Program for Seniors at Brighton Gardens of Buckhead

Program for Boys and Girls: For the second year, Gamma Chi Chapter partnered with the Brothers of Kappa Alpha Alpha Chapter of Omega Psi Phi Fraternity Inc., for their Christmas party and drive by toy giveaway for the students at Toney Elementary School in Decatur, Georgia on Saturday, December 18, 2021. There were 60-70 students who were participants in the Kappa Alpha Alpha chapter's tutorial program. The students ranged between the ages of 5-10 years old, and were delighted and excited to pick out a gift of their own choice.



Toney Elementary School Toy Drive

Founders Day: We held our first hybrid Founders Day program on October 16, 2021 at the GNA Headquarters, Atlanta, GA and via Zoom. There were nearly 50 members in attendance, including Supreme Basileus, Sarah Killian, SER Director, Juanita Gibbons-Delaney, and Charter Member, Liz Alexander.



Founders Day 2021

Annual Scholarships Awards: We held our 33rd Annual Nurse Week Awards and Scholarship Luncheon on Saturday November 20, 2021 at the Evergreen Marriott Hotel Resort in Stone Mountain, GA. The event had been postponed since May 2020 due to the COVID-19 pandemic. We awarded the Bellamy, Rowser, Binns Chi Fellows award in the amount of \$3750 to two nursing students. The theme of the event was “Celebrating the Year of the Nurse.” Soror Bridgett Stroud received the Soror of the Year, Soror Beth Harris received the Nursing Achievement award, and Soror Michelle Bolden received the Community Service award.



33rd Annual Scholarship Awards Luncheon

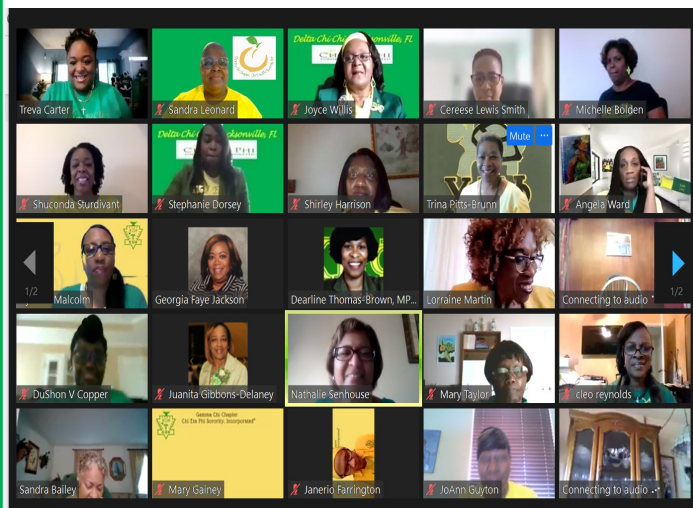
Homeless Outreach: Members of the Gamma Chi Chapter partnered with Brightis Path to help distribute 1,000 blankets to the homeless and under-served population in Atlanta, Ga. Gamma Chi members donated over 100 blankets, 200 hygiene kits, 200 masks, 100 hand sanitizers, feminine products including maxi pads and tampons.



Annually, Gamma Chi Chapter serves a pancake breakfast and presents a brief educational talk to families at the Nicholas House emergency shelter in Atlanta, GA. This year's breakfast was held on December 18th, 2021. Unfortunately, due to the COVID-19 pandemic and restrictions on gatherings at the Nicholas House, Gamma Chi was not able to have the “traditional” pancake breakfast, but instead provided and served individually packaged, “to-go” breakfast sandwiches, along with drinks, and fresh fruit, while Soror Keesha Roberson presented an educational talk on the importance of Handwashing. We also collected a donation of \$735 and gave to three families who had transitioned into their own homes for Christmas.

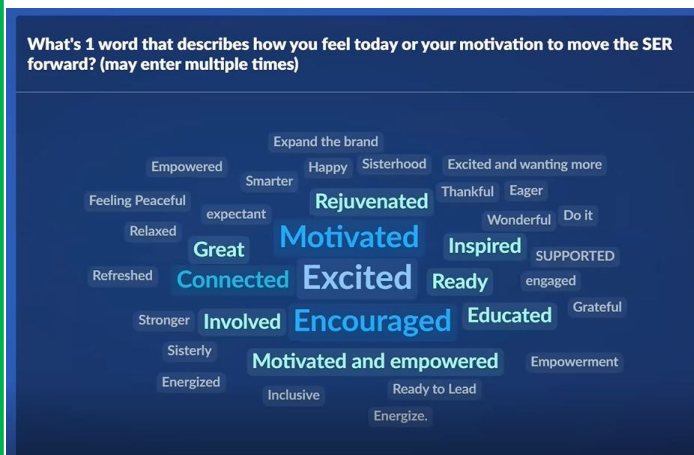


Education and Retention: Gamma Chi Chapter sponsored the Georgia, Florida and US Virgin Islands **“Connect the Dots”** program on Saturday, December 4, 2021, via Zoom. Connect the Dots is an event that was established by Soror Darneta G. Brown during her tenure as the SER Director from 2004-2008. The purpose of the event was to connect chapters from state to state so they could have more of a sisterly and brotherly connection.



Virtual Connect the Dots: GA, FL, and USVI

SER Director, Juanita Gibbons-Delaney has a vision to “enhance and strengthen the sisterhood/brotherhood service within the SER,” and one way to achieve this is to bring back Connect the Dots. The goal of the program is to promote unity, relationship building, and communication among chapters. Members from Delta Chi Chi Chapter, Jacksonville, Florida and Mu Eta Chapter, Virgin Islands were invited to participate in the planning of the event.



The program’s theme was “Organizational Resilience and Mental Health ‘Matters.’” The overall objective of the workshops was to provide best practices in sustaining a volunteer service organization while raising awareness about ways of improving the overall mental health of its members.

Sorors Treva Carter and Georgia Faye Jackson conducted the first workshop on Organizational Resilience that included interactive breakout sessions. The teams discussed strategies on how members can partner with the SER Director to achieve the goals she has set for the region. Gamma Chi Sorors Shuonda Sturdivant, Latonya Law, and Michelle Bolden, in addition to Delta Chi Chi’s Soror Kimberly Clayton conducted the second workshop on Mental Health “Matters.” There was also panel discussion at the end of this workshop.



Mental Health “Matters” Workshop Panelists



This was a great educational and retention event with 98 members in attendance. Everyone had fun, especially during the “Rep Your Chapter” introductions, icebreakers, prize giveaways, and fellowship at the end of the event. Members were very motivated to attend the SER conference March 9-13, 2022, in Augusta, GA. There were 2.0 CEUs awarded.



From the Desk of the Nurse Practitioner



Elizabeth K. Bolton-Harris, DNP, ACNP-BC, CHFNP

Dr. Beth Bolton-Harris is a Board-Certified Acute Care Nurse Practitioner who has managed patients in Cardiology for 20 years. She is a nurse practitioner at Emory Healthcare in Atlanta, GA where she is the Chief Advanced Practice Provider for the Division of Cardiology and supports the Advanced Heart Failure team.

February is American Heart Month. Many chapters of our chapters will engage in programs focused on educating the community on preventing and managing heart disease. This work is important as heart disease continues to be the leading cause of death in for Americans with more than 600,000 Americans dying annually from the disease. Despite our efforts, heart disease continues to be the number one cause for African American women.¹⁻³

As we gear up for our educational platforms, here is some key information to include in our presentations:

Being active: Ensuring that people perform 2-1/2 hours of moderate activity during the week can help reduce risk of heart disease.

Health eating habits: Teach community members how to read food labels in order to reduce the amount of sodium, saturated fats, and excess sugars. Focus reducing processed foods and eating fresh fruits and vegetables along with lean meats.

Tobacco cessation: Eliminating tobacco use can contribute to overall reduction in heart disease. Provide them Tobacco quit line information that's relevant to your community.

Blood pressure management: Review current American Heart Association guidelines regarding blood pressure levels. Encourage the community to follow up with their health care providers for more information if they require treatment and management.

In addition to these tips, review the American Heart Association *AHA's My Life Check- Life Simple 7* which are seven approaches to prevent and reduce cardiovascular risks.

The Life Simple 7 are:

1. Be Active
2. Maintain a healthy weight
3. Learn about and manage your cholesterol
4. Do not use any tobacco products
5. Eat a heart healthy diet
6. Manage your blood pressure
7. Learn about blood sugar and diabetes

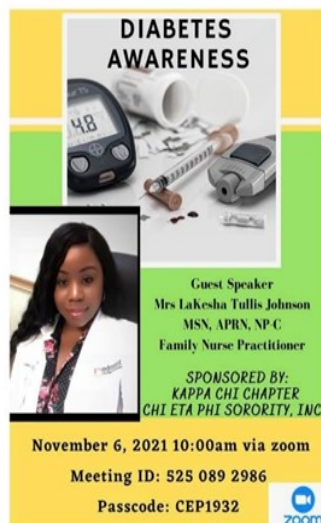
Cardiovascular diseases are preventable in many cases. Encouraging community members to work with their health care providers to manage their weight, blood pressure, cholesterol and diabetes, increasing their physical activity, make healthy food choices and avoiding tobacco products will help to improve healthier outcomes for the community.

Kappa Chi Chapter, Columbus GA

October 2021- Breast Cancer Awareness- Kappa Chi goes **PINK** for Breast Cancer Awareness Multiple events organized by Sorors Charlene Mitchell, Yolanda Musgrove, and Yolanda McGee. Activities included members and participants meeting at a local park and walking 1-2 miles around a track. Breast Cancer Awareness literature was distributed to men & women on breast health and cancer awareness. Nutritious snacks and Breast Cancer Awareness goodies were provided for all participants. Sorority members and walk participants viewed an excellent video presentation produced by a local breast surgeon, Dr. Melanie Crutchfield.



November 2021- Diabetes Awareness Month. Sorors Daphne Hill Cannon, Sonja Johnson and Chauncey Whiting spearheaded a zoom informational on Diabetes Awareness. The guest speaker was Lakesha Tullis-Johnson. The presentation was very informative, and well attended. The Sorors presented various door prizes to guest attendees



November 2021-Sorors Ruby Stewart-Daniels, Daphne Hill Cannon, Lillian Williams and Chauncey Whiting, presented food items donated by chapter members to the House of Mercy, a local homeless shelter, for their Thanksgiving Dinner.



December 2021- Kappa Chi Chapter held a virtual Sisterhood/Brotherhood Christmas Fellowship Activity, which consisted of painting a Christmas turtle. The event was hosted by Painting with a Twist.



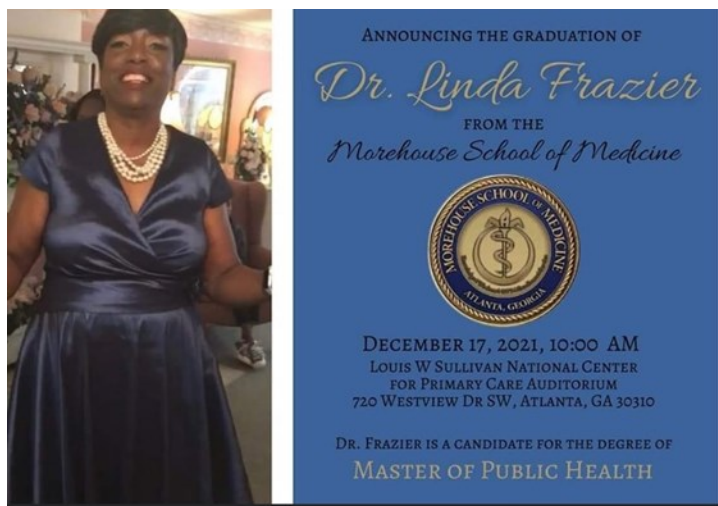
December 2021- Several members of Kappa Chi Chapter partnered with the local chapters of Delta Sigma Theta Sorority, Incorporated for the annual World AIDS Virtual Walk-a-thon. Kappa Chi members along with other local community organizations recited HIV/AIDS facts that were produced into an informational video. This event was organized by Soror Maketa Smith. The chapter donated funds to benefit the Ryan White Care Program.



December 2021 – Kappa Chi Chapter members donated and presented toiletries for Christmas to (3) Personal Care Homes owned and operated by Soror Katie Morris.



Kappa Chi congratulations to Soror Dr Linda Frazier on her graduation from the Morehouse School of Medicine with a Master of Public Health.



Sigma Chi Chapter, Greensboro, NC

Sigma Chi Chapter COVID -19 Testing

Members of Sigma Chi Chapter assisted with COVID-19 drive thru screening at Trinity AME Zion Church, Greensboro, NC. We also provided educational information for signs and symptoms of COVID, COVID-19 Vaccine, What You Need to Know about COVID-19 and Safety. We also followed up with providing test results. Precautions. Pictured from left to right: Sorors Parks, Murdock, Miller-Levette, Keck and Roseboro.



Chi Sisters Day in the Park



Sigma Chi Chapter and Sigma Chi Beta Chapter celebrated a day of FUN- FOOD- SISTERHOOD at Barber Park. We shared nurses' stories about something that happened during our training education. Members were asked to bring Chi Eta Phi items for a Chi Closet Exchange. It was a day of fun, fellowship and entertainment.

Community Service Project

In October, we made bags containing feminine hygiene products for middle school students. Bags were given to three middle schools and one middle school received hygiene products for males. In North Carolina, the Senate budget proposes to make \$250,000 in grants available to schools for feminine hygiene products.

products for males. State Sen. Natalie Murdock, a Durham Democrat, proposed a bill that would make the money available. We are encouraging schools to apply for the grant. This will be an ongoing community service project.

Sigma Chi Chapter participated in a Blood Drive with King Solomon Council Number 15 and the Red Cross. We provided blood pressures and health education.



Meals on Wheels

Sigma Chi Chapter has been delivering meals to senior citizens for over 25 years on the fourth Friday of every month. Meals on Wheels sponsored by Senior Resource of Guilford provides a nutritious noon-time meal for homebound senior adults age 60 and over. The food and visit help these seniors stay healthy and independent longer.



Charter Pinning

Soror Margaret Wingfield received her Charter Member Pin at our Chi Sisters Day in the Park. Soror Wingfield is one of the two charter members we have. Soror Alice Hamilton was unable to attend. We are so proud of our Sorors because they help create a lasting foundation and high standards for Sigma Chi Chapter. Both members always attend chapter meetings, Southeast Regional and Boulé. They have provided leadership, knowledge and sisterhood that we truly cherish.



Christmas Wreaths

Sigma Chi worked with the Senior Resource of Guilford to make 500 Christmas wreaths for senior citizens. The wreaths were delivered with their meals during the week of Christmas.



Sigma Chi Chapter and Senior/Ambassador Girl Scout Troop 40600 making Christmas Wreaths for Senior Citizens

Upsilon Chi Chapter, Knoxville, TN



Upsilon Chi Chapter held our 34TH Annual Scholarship Luncheon, *Music in the Air* on Dec 4th. We were able to provide six scholarships (total amount awarded was \$4,250.00) to local nursing students from Tennessee Wesleyan University, Roane State Community College, Pellissippi State Community College, and South College. Our event was held at The Foundry and was attended by more than 250 masked guests. We also recognized community leaders Ms. Cynthia Finch, Mrs. Keira Wyatt, and Ms. Vivian Shipe with our *Community Service Award* for their involvement in providing COVID-19 education and vaccination access to African American and other marginalized communities in Knoxville. Our *Humanitarian Award* was given to Dr. Keith Gray, Chief Medical Officer at The University of Tennessee Medical Center who played a key role in providing vaccine, education, and support to community efforts to get pastors and their congregations, and community leaders informed about COVID-19 and, thus, vaccinated.



from the 34th Annual Scholarship Luncheon



more from the 34th Annual Scholarship Luncheon

Christmas in Burlington was held on Dec 11th. Upsilon Chi was there to give COVID-19 booster and initial shots. We also worked with Remote Area Medical (RAM) who gave flu shots at this same event. There were other organizations present that provided education and support for the community in various ways. Santa Claus made an appearance and took photos with children.



Sorors of Upsilon Chi after stuffing bags for Golden Ages Retirement Center

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bags for
Golden Ages
Retirement
Center



Our holiday greeting for Golden Ages
Retirement Center

In recognition of our yearlong community service to provide COVID-19 education, supplies, vaccinations, post vaccination monitoring and support to other organizations doing the same, Upsilon Chi was awarded the *Community Service Organization of the Year* and given \$1,000 toward our scholarship fund for 2022 by CONNECT Ministries and the Chief Executive Officer, Mrs. Keira Wyatt on December 23, 2021.



The plaque Upsilon Chi was awarded for *Community Service Organization of the Year* by C.O.N.N.E.C.T. Ministries

We are beginning 2022 with the same community involvement we demonstrated throughout 2021 by volunteering to help provide vaccination and monitoring for the Mega Children's Vaccine Clinic on January 7-8, 2022.

SAVE THE DATE

MEGA CHILDREN'S VACCINE CLINIC
Children (5 to 11 years old)

ALL Youth (16 and younger) **MUST** be accompanied by a parent or legal guardian.
Vaccines **WILL BE** available for adults.

JAN 7-8 2022 **TIME:** Fri., 1/7 @ 3 - 8 pm
Sat., 1/8 @ 10 am - 3 pm

JACOB BUILDING
3301 MAGNOLIA AVENUE, KNOXVILLE, TN
(CHILHOWEE PARK/ADJACENT TO THE KNOXVILLE ZOO)

TRUSTED SPONSORS

- New Direction Health Care Solutions, Inc.
- Winniger Medical
- East Tennessee Children's Hospital
- Knox County Health Department
- Faith Leaders Church Initiative
- Chi Eta Phi Sorority, Inc.
- CONNECT Ministries
- City of Knoxville

For questions or further information, please contact
New Direction Health Care Solutions, Inc. at (865) 274-4793 or (865) 851-8005.

The mega vaccine event for children on Jan. 7th and 8th. Upsilon Chi continues our great work and partnerships with other Knoxville community leaders

Phi Chi Chapter, Augusta, GA

Phi Chi Chapter continues to strive to be visible in the community through *Recruitment, Retention, Reclamation, Generosity, Service and Publications* even during these days of the virus

Phi Chi's Chi Club introduced -four energetic ladies with an assortment of experiences:



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Phi Chi has been blessed with four pledging members, known as the “SoPHIsticated 4”: **Debra Mann, DNP, RN, ACNS-BC; Barbara Bynes, RN, CNOR, CNIV; Crystal Glover, MSN, MPH, RN** and **Anna Dukes, RN, MSN, DNP.**

November 1, 2021 – An Article entitled *Difficult Conversations* written by **Soror Carolyn Byrd** and published in the *Medical Examiners* Newspaper. This article included Soror Byrd’s plight with breast cancer with difficulty to express it to her family and how she has conquered cancer.

November 4, 2021 – An article describing our Founder’s Day activities and pictures of Sorors recognized for their service and dedication was in the *Metro Courier* Newspaper.

November 6, 2021 – Sorors **Barbara Welcher, Sarah Glover, and Gwendolyn Smith** Assisted with the COVID-Vaccination Clinic held at Diamond Lake Community Center. Phi Chi partnered with the Richmond County Health Department as trained volunteers. Over one-hundred – twenty adults and children were vaccinated.

November 6, 2021 – Service Project of the Chi Club was carried out at *Augusta Dream Center* where they assisted with clothing give-away, Blood Pressure Screening and generalized instruction on general health issues to the attendees.

November 10, 2021 – Soror Welcher presented *Diabetes Information* to fifteen residents and staff at St. John Towers – a senior residence. Soror **Gwen Smith** was in attendance.



19
at



November 11, 2021 – Phi Chi’s Bylaws Committee Presented: *Basic Parliamentary Procedure* Workshop via zoom with focus on examples of meeting tips and myths.

November 13, 2021 – An *Community Outreach* event coordinated by Soror **Barbara Welcher** in combination with Beulah Grove Baptist Church, a Balm in Gilead and Gold Cross EMS with a focus on COVID-19 Vaccinations, Education, Health and Wellness:



Phi Chi Chapter of Chi Eta Phi Sorority Incorporated participated with Beulah Grove Baptist Church in their Vaccination Drive on November 13, 2021. Vaccinations were administered to 128 patrons in our community, including children ages 5-11 and adults.

Who: Beulah Grove Baptist Church in partnership with A Balm in Gilead and Gold Cross -

What: Shoot Your Shot Vaccine Drive

Where: Beulah Grove Baptist Church. 1434 Poplar Street, Augusta, GA 30901

When: November 13, 2021 from 12 noon



Sorors Beverly Reeves, Beatrice Olden, Sandra Jones, Barbara Welcher, Gwen Smith, Sarah Glover, Maggie Dorsey and Joetta Smith



Sorors Sandra Jones and Maggie Dorsey/ B/P screening

Nov 17, 2021, Domestic Violence was presented by the Education Committee. Two Victims of Domestic Violence shared their experiences of abuse, survival and how the existing affect.

November 18, 2021 – Participated with the in providing COVID-19 Vaccine Hesitancy information within the Black Community Health Forum.

November 21, 2021 – Intake Ceremony of four Neophytes:



Barbara Byner, Anna Dukes, Crystal Glover and Debra Mann are welcomed into Phi Chi's sisterhood by several Sorors. The procedure for Intake Ceremony was carried out according to protocol

December 4, 2021 – Phi Chi participated in *Connect the Dots* Workshop via Zoom –Theme: Organizational Resilience and Mental Health “Matters”. The workshop was presented by Georgia, Florida and US Virgin Island chapters.



Sorors Carolyn Byrd and Bernice Bogan appeared on Chanel 6 WJBF-TV with Jenny Montgomery, news anchor, and presented information on surviving breast cancer and the fact that breast cancer awareness is not limited to one month.

NNIE: Meet a breast cancer survivor who says awareness is not limited to one month



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Phi Chi held *Sip and Tea, a Holiday Celebration* on December 11th coordinated by the Programs and Projects Committee. This was an evening of music inspiration, humor, memorable occurrences, trivial questions and much more. Eighteen Sorors were in attendance virtually.



The Sip and Tea was followed by a *Gathering of the Minds – A Leadership Initiative* on December 15th. This was coordinated by Basileus, Soror Welcher. The purpose was to look at the state of our chapter: review current and future goals/objectives for next 90 days and establish a strategy to move the chapter forward.

In the Spirit of Giving, Phi Chi celebrated the Christmas Season by blessing others:

Embracing the Community (The Bridge Ministry):

Donated \$300.00 to The *Bridge Ministry of the CSRA* during their Ministry's Annual Christmas Project.

Embracing A Family:

Phi Chi presented Christmas cheers to a mother and her five children. Each child was given: a backpack filled with clothes, toys, books, toothpaste, toothbrushes, paper, pencils, and fruit bag (filled with oranges, apples, small raisins boxes, candy canes and Christmas candy). The mother received a gift bag: with a dress, blouse, inspirational books, fruit bag and a Christmas card with \$45.00 cash. A family meal was delivered by Wife Saver Restaurant for their family enjoyment.



Sorors Ella Ealy, Veronica Way, the mother, Sorors Barbara Welcher and Patsy Scott

Embracing the Youth:

Twenty- six (26) CSRA Head Start students were showered with love and excellent memories from the toys provided. Over \$500.00 in cash and toys was donated.

Embracing Seniors:

106 individually wrapped gifts were distributed at the Brigham Center for *Seniors* along with serving as judges of a *Hat Show*. Three winners of the hat show were awarded gift cards.

Also, five residents of a Personal Care Home were given a large gift bag filled with useful items to include pajamas. A devotional experience was shared with them as they joined in to participate.

Approximately \$500.00 was used for these projects.



These are the models of the hat competition along with Sorors (judges): Angeline Williams-White, Victoria Burt, Bernice Crafton, Gwendolyn Smith, Ella Ealy, Barbara Eldridge, Gwendolyn Allen and Bernice Bogan.

Embracing Each Other:

Our *homebound* Sorors received a *Prayer Box* with a prayer card for each day of the week and a gift bag with toiletry items that were delivered to them with sisterly love.



Memorial: Phi Chi loss the *Founding* of chapter, Soror Mary Jones Brown, on December 30, 2021 at the age of 87.

Psi Chi Chapter, Salisbury, NC

**Psi Chi Chapter Takes a Look at Leadership
by Chi-Chi Ray-Leazer (Psi Chi Chapter Basileus
10/9/2021)**

October 16, 2021; Psi Chi Chapter of Chi Eta Phi Sorority, Incorporated held its Founder's Day Program. Getting new leadership ideas or revisiting leadership can bring out the best in individuals and/or the team as a whole.

Our speaker Dorothy Gill-Smith lives in Salisbury, NC and has served as the District President of the Women's Home and Overseas Missionary Society since 1987 and presently serves on the Board of Directors for CDC, Salisbury Development Corporation and a host of other community organizations and affiliations.

She asked the question: “As a leader or potential leader, how do you see yourself or what qualities do you possess to serve as a leader?” Qualities mentioned by various participants were integrity, accountability, empathy, being positive and having a sense of humor.

Effective leaders will also be mindful to be self-aware and check their own personal development; encourage innovation and action in others and improve communication skills.

The most important thing in leadership roles is to focus on individual or team strengths and what they bring to the table instead of weaknesses or what is lacking.

Make a positive difference in your leadership style, writer L. David Marquet said “Leadership is a Language.” It's never too late to improve communication skills and learn from others. Be ready to lead.

Inspirational quotes on Leadership:

“God won't put you in a position of leadership until you take a posture of servanthood.” (Julie Williams - CHC)

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."



Tis the Season to Be Giving Fa LaLaLaLa...

Rowan Helping Ministries (“Putting God’s Love into Action”), Salisbury NC gives thanks to Psi Chi Chapter of Chi Eta Phi Sorority Inc. 11/5/2021. The donation of 282 pounds of food for the Food Pantry helps to continue a very important mission in the community. Feeding the hungry provides renewed strength, takes care of basic needs and lives are changed for neighbors in need.

Ms. Alice M. Sheelor (Employment Specialist) on behalf of Goodwill Northwest North Carolina Career Connections sent a letter to the chapter thanking Sorors and fraters for the generous donations provided for the Drive-Thru Veteran's Appreciation Event held Wednesday, November 10 in the NCWorks Career Center Parking Lot, Salisbury, NC.

Members of the Sorority volunteered to help make up bags and assisted with donating hats, socks, hand sanitizers, soap and flossers to 10 Veterans of the Rowan's County Homeless Services.

Psi Chi Chapter came through for the annual Christmas event for children and teens with the Born Leader's Club. Ola Nwafor is the founder of the Born Leader's Club.

Some organizations truly reign close to the heart. Born Leader's is one of those organizations. The Born Leaders Club offers mentoring, career talks, homework assistance, community support, team building, building future entrepreneurs, field trips, City official visits, "respect talk" and making life long friends.

Through Ola's request, the Chapter has been delighted and looked forward to providing the Christmas gift cards, toys and monetary donations for the Christmas meal for a third annual event.

Psi Chi Chapter offers hope to those who are in need and creative ways to spread Christmas cheer.

Tis the Season to Be Giving Fa La La La La,
La La La La!

Sigma Eta Chapter, Selma, AL

Alabama Notable Nurses

The Alabama Nurse Association's "Alabama Notable Nurse Project" designated Sorors Vanessa Barlow, Annitta Love, Debra Pinkney, Gwen Davis, Katherine Means, Sarah Franklin, Dora Brooks, Edith Washington, Mary Dorsey, Barbara Demus, Tina Allen, Sonja Moffett and Patricia Lucas as an "Alabama Notable Nurse." This award was in recognition of exemplary service to improve the quality of life and overall health status for their community citizens.

Connect the Dots

On November 6, 2021, Sigma Eta Chapter in conjunction with Epsilon Chapter led the Alabama and Mississippi chapters "Connect the Dots" Leadership Workshop. The leadership topics were the "Importance of the Mary Stewart Prayer", "What Commitment to Chi Eta Phi Sorority Means to its Members, "Membership Matters", and "Journey to the National Chapter Service Award". Five chapters from Alabama and Mississippi participated. There were 34 persons in attendance including two guests from other SER states. A total of 3.0 CE's was awarded

Breast Cancer Awareness Virtual Forum

On October 25, 2021, Soror Marilyn Scott participated as a panelist on a Virtual Breast Cancer Awareness Forum sponsored by Sigma Gamma Rho Sorority, Incorporated, Delta Pi Sigma Chapter. Breast cancer information was presented on facts, statistics, screening, diagnoses, treatment, self-breast exams, and men and breast cancer. A quiz created by Soror Gwen Davis of Sigma Eta Chapter was used as an ice breaker for the presentation. Breast cancer information and myths were provided from brochures produced by Sigma Eta Chapter. Sorors in attendance: Gwen Davis, Katherine Means, Crystal Nelson, and Phylicia Austin.

Southlawn Elementary School Water Supply Project

Sigma Eta was able to address the water needs due to a lack of resources as a result of the COVID-19 Pandemic for the students of Southlawn Middle School in Montgomery, AL. The local school received 48 cases of water that included 40 bottles per case on behalf of the Sorority. Sorors who participated: Crystal Nelson, Marilyn Whiting, and Crystalyn Winfield.

West End Boys and Girls Club

Sigma Eta Chapter provided education to a youth population regarding COVID-19. Topics included: Signs and Symptoms, Self-protection, Proper Hand-washing and, Social Distancing. The youth were provided information on "Facts and Myths" of COVID-19. There were 13 youth in attendance. Sorors who participated included: Stephanie Jones, Sandy Motley, and Crystal Nelson.

Mu Phi Chapter, Stone Mountain, GA

The Programs and Projects Committee of Mu Phi Chapter, Inc. continues to promote programs that meet the national initiatives of Programs for Seniors, Programs for Youth and Young Adults, and Community Health Outreach by providing 'service for humanity' in the metro Atlanta area. The chapter visited the Glenwood Health and Rehabilitation Center of Decatur, Georgia on Veterans Day and presented the residents who served in the Armed Forces with gifts of appreciation for their service. The facility is a nursing home providing skilled nursing and long-term care. The veterans were surprised and very appreciative of the gifts.

Mu Phi Chapter partnered with the Children's Hospital of Atlanta to present cards of hope and plush turtle toys to their hospitalized children. The plush turtles were a hit, especially for children hospitalized over an extended period. On November 14, 2021, the Chi Club of Mu Phi Chapter, Inc. presented the Generation of Hope Church of Decatur, Georgia with over fifty tote bags filled with toiletries and blankets to be distributed to homeless citizens in the community. Generation of Hope Church supports at-risk youth, broken families, and the unchurched in the metro Atlanta area and thanked the Chi Club for their generosity. Also, Mu Phi Chapter, Inc. in partnership with Morehouse School of Medicine, provided Thanksgiving dinner on November 25, 2021, for the families of the Mother Hubbard Day Care Center in Atlanta, Georgia and on December 21, 2021, the chapter surrounded the Christmas tree with toys for the children enrolled in the center. The daycare center has been providing a safe, loving, and nurturing environment for the underserved community since 1961.

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Mu Phi members with gift bags ready for presentation



Mu Phi's gifts for Mother Hubbard Day Care Center in Atlanta, Georgia



Gamma Eta Eta Chapter, Clinton, NC

"My Sister ... Her Story"



Gamma Eta Eta Chapter Charter Member
Soror Nettie Wilson-Pernell

On Saturday, September 25, 2021, **Gamma Eta Eta Chapter** hosted its **Inaugural 50 Shades of Pink Breast** Cancer Awareness Event via Zoom. After Gamma Eta Eta charter member, Nettie Wilson-Pernell, was diagnosed with breast cancer, the chapter felt compelled to honor her and the members of the Southeast Region who have battled this disease. We also wanted to provide education to our community about breast cancer.

African American women are more likely to die from breast cancer than any other ethnicity in the United States. Reasons for this health disparity include African American Women being diagnosed in late stages of the disease, comorbidities, obesity, tumor characteristics, and African American women not receiving diagnostic and treatment services. The objectives of the event were to discuss risk factors for developing breast cancer; review the signs and symptoms of breast

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cancer, explain how breast cancer is a health disparity in African American women, and identify when routine screening should take place.

A special segment “My Sister ... Her Story” honored and remembered breast cancer warriors and survivors of the Southeast Region. Testimonies and heart felt reflections were shared by Sorors Nettie Wilson-Pernell, Gamma Eta Eta Chapter, Clinton, NC; Vanessa Snellings, Basileus, Rho Phi Chapter, Raleigh, NC; and Phi Chi Chapter, Augusta Georgia Sorors Carolyn Bryd, Gwendolyn Smith, Remelle McKenzie, and Leola Mims. Dr. Gail Brown, Nu Chapter, Miami, Florida shared reflections about her daughter

Nicole Lynette Brown’s valiant fight. Adrienne Carter, Chapter Photographer and niece of Soror Phyllis Goodman, Gamma Eta Eta Chapter Basileus also shared her testimony. The event was well attended and supported by Phi Chi Chapter, community members, and Sorors of the Significant Southeast Region.

**In Memory Of
MaeDella A. Perry
Phi Chi Chapter
Nicole L. Brwon
(Daughter of Dr. Gail Brown)
Nu Chapter, Miami Florida
Vernice L. Bogan
(Niece of Soror Bernice Bogan)
In Honor Of
Gwendolyn Oliver
(Sister of Soror Bernice Bogan)
Phi Chi Chapter**

GAMMA ETA ETA CHAPTER CONTINUES COMMITMENT TO NATIONAL PARTNER ST. JUDE CHILDREN’S RESEARCH HOSPITAL

On September 25, 2021, members of Gamma Eta Eta Chapter conducted a virtual walk and donated a total of \$1810 to St. Jude’s Children Hospital for the 2021 campaign. The collective chapter walk was postponed, but individual members walked in their neighborhood to commemorate the event.

PI CHAPTER, RHO PHI CHAPTER, AND GAMMA ETA ETA CHAPTER CELE- BRATE JOINT FOUNDERS’ DAY

On October 16, 2021, the Southeastern North Carolina Chapters hosted a Joint Founders’ Day Celebration via ZOOM. Pi Chapter was the official host and conducted the Founders’ Day Ceremony at North Carolina Central University, Durham, NC. Members in attendance heard remarks from the Chapter Basilei: Frater Riley Walters, Pi Chapter; Sorors Vanessa Snellings, Rho Phi Chapter; and Phyllis Goodman, Gamma Eta Eta Chapter. Later in the evening, members of Gamma Eta Eta Chapter enjoyed sisterly bonding and dined together at Railroad Steakhouse in Roseboro, NC.

Gamma Eta Eta Chapter will host the Joint Founders’ Day Event in 2022.





GAMMA ETA ETA TAKES ON HARLEM NIGHTS!

On Saturday, November 13, 2021, Gamma Eta Eta Chapter hosted our Signature Event of the Year, the Geneane Wall Marshall Nursing Scholarship Event. This year's theme 'Harlem Nights' paid tribute to a significant literary period in American history—the Harlem Renaissance. Attendees wore attire from the era. The menu for the evening was created from an original Cotton Club Menu and included southern fried chicken, collards, yams, and biscuits with hot honey.

Guests were entertained with a reading of a Langston Hughes' poem. Anitra Wilson, the featured soloist of the evening, delighted the audience with Ella Fitzgerald hits. The members of Gamma Eta Eta Chapter were honored to have in attendance: SERD Juanita Gibbons-Delaney, Frater Riley Walters, Basileus, PI Chapter, Durham, NC; Soror Vanessa Snellings, Basileus, Rho Phi Chapter, Raleigh, NC; and other Sorors from both chapters.

Soror Mary Goodman received Soror of the Year honors, and Sorors Christy Swinson, Anti-Basileus, and Tammy McDuffie received "The Service for Humanity Award". The highlight of the evening was the awarding of 4 Nursing Scholarships.

Attendees were required to provide proof of COVID-19 vaccination, or a negative COVID-19 test 48 hours prior to the event. Screening

of attendees was completed by obtaining their temperature and asking the screening questions provided by our National Organization. North Carolina guidelines for public events were adhered to. For a full report of the evening, please refer to the feature article published in the Sampson Independent. The link is provided.

<https://www.clintonnc.com/news/56231/honors-given-as-marshalls-legacy-endures>

The scene was set by our Events & Decorating Committee. Soror Felicia Alexandar-Lott, Chair



Committee Members: Sorors Rhonda Edwards, Mary Goodman, Tammy McDuffie, and LaSandra Williams



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L to R: Soror Phyllis Goodman, Basileus; Jania Poteat, Geneane Wall Marshall Nursing Scholarship Recipient 2021; and Soror Mary Goodman, Dean of Membership



L to R: Soror Christy Swinson, Anti-Basileus; Mary Eliza Mahoney Scholarship Recipient Noemi Arballo; and Soror Phyllis Goodman, Basileus



L to R: Soror Sabrina Pope; Brittney Rayner, Mary Eliza Mahoney Scholarship Recipient; and Soror Phyllis Goodman, Basileus



L to R: Soror Myra Brunson; Mary Eliza Mahoney Scholarship Recipient Lauren Peterson; and Soror Phyllis Goodman, Basileus





L to R: Soror Christy Swinson, Anti-Basileus; Soror Tammy McDuffie “Service for Humanity Award” Recipient; and Soror Phyllis Goodman, Basileus



L to R: Soror Christy Swinson, Anti-Basileus, Soror Mary Goodman, DOM, “Soror of the Year, and Soror Phyllis Goodman, Basileus



L to R: Soror Christy Swinson, Anti-Basileus, “Service for Humanity Award” Recipient; and Soror Phyllis Goodman, Basileus





Harlem Nights



Gamma Eta Eta



PHIve Degrees Higher Fall Line 2021

Gamma Eta Eta Chapter is excited to welcome five new members to our chapter. On November 20, 2021, we welcomed Sorors Shelia Black, Alnita Jackson, Nikita McKoy, Mabel Nathaniel, and Melinda Simpson. We are excited about the gifts they bring to our chapter. Congratulations to Soror Mary Goodman, Dean of Membership and the MSI Committee for the successful intake of our new members.

2021 MSI Committee Members

Felicia Alexander-Lott, Beverly Lloyd, Rhonda Edwards, Tammy McDuffie, and Yolanda B. Rayner



L to R: Sorors Nikita McKoy, Mabel Nathaniel, Alnita Jackson, Shelia Black, and Melinda Simpson



L to R: Sorors Mary Goodman, DOM, Nikita McKoy, Mabel Nathaniel, Alnita Jackson, Shelia Black, and Melinda Simpson

VISIBILITY IN THE COMMUNITY



L to R: Sorors Melinda Simpson, Mary Goodman, Alnita Jackson, Tammy McDuffie, Rhonda Edwards, and LaSandra Williams



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Spreading Christmas Cheer!

Gamma Eta Eta Chapter partnered with the Clinton High School Service, Academics, and Sisterhood (S.A.S) Club and adopted a Christmas Angel. The Christmas Angel Program is sponsored annually by the Sampson County Department of Social Services (DSS). Community organizations, churches, and citizens adopt a Christmas Angel providing toys, clothing, and special gifts for a child in need. Our chapter provided a donation of \$230 to assist the S.A.S Club in making a young lady's Christmas wishes come true. Items purchased for the 12-year-old included clothes, toiletries, and a bracelet making kit.

Gamma Eta Eta also partnered with the "Dabbin 4 Dae Dae Toy Drive Initiative". Chapter members donated toys and made a monetary donation. The "Dabbing 4 Dae Dae Toy Drive" is in memory of Ryan Daeshawn "Dae Dae" Oates who passed away in March 2017 at the age of 9, after being diagnosed with adrenoleukodystrophy, a disease which affects the central nervous system.

He was a fan of Carolina Panthers' quarterback Cam Newton and that is why the toy drive is named "Dabbin 4 Dae Dae". Newton made the dab popular during celebrations at football games during the Panthers' historic 2015 campaign. Toys were donated to children receiving care at the University at North Carolina Hospitals, Chapel Hill, NC (where Ryan Daeshawn received care) and to children in Clinton and Sampson Counties.

Sorors Tammy McDuffie and Mary Goodman are seen presenting the donations to Mrs. Conswell Oates, the mother of Ryan Daeshawn Oates. Mrs. Oates and her family have conducted this toy drive since 2017.



On Saturday, December 18, 2021, Gamma Eta Eta Chapter hosted its annual Christmas Celebration at the Mt. Pleasant Church Pavilion, Clinton, NC. Members enjoyed sisterly bonding and played bingo, dirty Santa, and other Christmas games. Sorors provided delicious food and a great time was had by all. Soror Mabel Nathaniel won our first Ugly Christmas Sweater Contest and received a cash prize!

Later in the evening Soror Phyllis Goodman, her nephew JoEll Carter, and the Ladies of Gamma Eta Eta Chapter hosted our first “Jingle Jangle Holiday Mix featuring DJ Squareknot”. Many members of the Southeast Region met DJ Squareknot during our Virtual Southeast Regional Conference HBCU Beta Roundup!

Attendees requested their favorite Christmas songs and had the opportunity to win Chi Eta Phi Paraphernalia. We were honored to have in attendance our SERD Juanita Gibbons-Delany and other members of Chi Eta Phi Sorority, Incorporated. We do not take your support for granted.

Until Next Time!

Gamma Eta Eta Chapter

Congratulations to Soror Mabel Nathaniel “Ugly Sweater Contest” Winner!



Christmas Celebration Selfies!



Happy New Year!